

**POST-QUALIFICATION
DOCTORATE IN
PSYCHOTHERAPY**
by Public Works

Information Pack

**A Joint Programme Offered by Metanoia
Institute and Middlesex University**



**Middlesex
University
London**



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METANOIA
INSTITUTE

Doctorate in Psychotherapy by Public Works (DPsych)

Programme Overview

Metanoia Institute has offered the award of DPsych by Public Works since 2006. This award is designed on the same principles as the Middlesex University DProf by Public Works and is assessed by the same criteria as the existing Metanoia Institute and Middlesex University DPsych (Doctorate in Psychotherapy by Professional Studies) award.

This doctorate appeals to senior and accomplished practitioners in the fields of psychotherapy, counselling and psychology who have already made a substantial contribution to psychological therapy through a range of publications and/or public works such as setting up and running a psychotherapy or counselling service, generating and applying policy documents, strategic plans, major organisational change, innovative and successful training programmes etc., which have been pivotal in the field and commended, reviewed and respected by peers.

Procedures for entry will be by application and interview.

Successful applicants:

- Normally enrol with Metanoia Institute and Middlesex University for two semesters (one year); enrolment can be extended by one semester only, if necessary.
- Will be allocated a highly experienced research supervisor who will support and guide them through the process and requirements.
- Submit a 5,000 word justification within two months of entry to the programme, expanding on the personal statement submitted as part of the application process, which will provide a clear preliminary case for a claim for the award of a Doctorate by Public Works.
- Prepare a context statement of 15,000-20,000 words, expanding on the justification document, which together with the public works being cited, will address the doctoral criteria of assessment and demonstrate doctoral descriptors of professional knowledge and leadership. They will be supported in this by their research supervisor and by the guidelines in the Programme Handbook. The Context Statement will critically examine their current professional position and understanding and make explicit their claim to meet the assessment criteria holistically via the range of works submitted. The Context Statement and the public works must together illustrate leading edge outcomes of high level professional work.
- Submit the Context Statement and supporting evidence within six months of enrolment to the registration panel for approval as a doctoral level submission. Revisions may be required.

Admission to the Programme

The Application and Interview Processes

Applications will be considered by the Programme Leader (or nominee) with one or more members of the Programme Team. (The Programme Team is comprised of research-active

academics with in-depth knowledge of psychotherapy research). The Programme Leader and Team will decide whether the application is of sufficient merit for the applicant to progress to the interview stage. Proposed Public Works will be reviewed by an internal or external expert where appropriate.

Candidates should bring to the interview examples of their public works so that the quality, scope, and level of these can be considered. The interviewers will need to satisfy themselves that there is a single or predominant theme to the works and that there is coherence, continuity and convergence among the works. For an application for the degree of DPsych by Public Works, the interviewers will need to satisfy themselves that the works are of intrinsic doctoral standard. The nature and length of the context statement should be discussed with the applicant in the light of the public works.

In cases where works are co-authored, the candidate should bring to the interview the signed statement from the co-author of each work identifying the respective contributions of both authors.

In cases where the public work is awaiting publication, the applicant should bring to the interview a signed letter from the publisher stating that the work has been accepted for publication and the expected date of publication. In the case of other material that is not 'published' in the traditional sense but placed in the public domain, there should be an equivalent signed letter.

The Programme Team

Metanoia Institute

Faculty Head and Institutional Link Tutor:
Dr Biljana van Rijn

Director of Studies:
Dr Alistair McBeath

Research Supervisors
Dr Marie Adams
Dr Maxine Daniels
Dr Rupert King
Professor Simon du Plock

Senior Academic Co-ordinator
Michael McGinley

Middlesex University
University Link Tutor
Dr David Westley

PROGRAMME OVERVIEW

Programme Flow Chart

1	Potential applicants receive or download from the website: Information Pack, application procedure, & application form. Information Pack indicates that they should contact the Academic Coordinator to request a Telephone Briefing.
2	Telephone Briefing with Programme Leader
3	Send in completed application form With CV, fee & Personal Statement
4	Proposed Public Works are reviewed. This review will be undertaken by an internal or external expert where appropriate, who reports on their suitability.
5	If the reviewer is positive, applicant invited to interview. Normally conducted by Programme Leader & one other team member. Bring examples of Public Works to interview*

750 – 1,000 words

***If work is co-authored bring a signed statement from the co-author identifying their respective contributions.**

***If work is awaiting publication bring a signed letter from the publisher with expected date of publication.**

***If work is in the public domain but not traditionally published bring a signed letter of verification.**

6	Within two weeks will be sent a letter of acceptance to Part 1 of the programme with the name of their Research Supervisor
7	Candidate enrolls on Part 1 of the programme and pays Metanoia Membership and the justification fee. Candidates in Part 1 are not enrolled with Middlesex University.

8	Within two months of entry the candidate submits a 5,000 word Justification evidencing the grounds for their claim to Doctoral status
9	Justification is assessed by Programme Leader, Research Supervisor and an Independent Reviewer appointed by the Programme Leader.

Five hours of Research Supervisor Advice

If the Justification is deemed not to provide a clear preliminary case for the award of the Doctorate by Public Works the candidate will not have successfully completed Part 1 of the Programme and will not progress further on the Doctoral pathway. Candidates will be advised whether they have a preliminary case to enrol for the MProf award (see Appendix 1)

10	If the Justification is deemed to provide a clear preliminary case for the award of Doctorate by Public Works the candidate is enrolled on the Programme and with Middlesex University (Part 2). They proceed to prepare their Draft Context Statement for submission to a Registration Panel , normally within a further four months.
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15000 – 20000 words

15 hours of Research Supervisor advice.

The Context Statement and Public Works are sent to the Registration Panel. The candidate makes a presentation to the Registration Panel, which acts on behalf of the Programme Board for approval of registration.

If the submission is not deemed of a standard to enable the Candidate to progress, they will: take a further semester in order to improve their submission and resubmit; transfer to the MProf pathway; or they will exit the Programme.

11	If the submission is approved the candidate is notified by letter of their Registration. Candidate is notified of any recommendations and necessary revisions and carries these out in conjunction with their Research Supervisor
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10 hours of Research Supervisor advice.

The candidate discusses submission with their Research Supervisor taking account of the recommendations of the Registration Panel.

12	Candidate completes the revised Context Statement and after approval from Research Supervisor submits the work for assessment, normally within six to 12 months.
13	The Candidate is orally examined by presentation and viva voce. Two external and one internal assessors will have considered and reported on the submission and together with an independent Chair will conduct the examination. They will then produce a final report for the Research and Research Degrees Committee.
14	The Candidate will be notified of the result and any further work that needs to be done. In certain circumstances the assessors may recommend the award of MProf.
15	The Candidate is invited to attend a Middlesex University Graduation Ceremony and Metanoia Graduation Party.

Standards

The standard of the DPsych is that expected of a candidate who has engaged in advanced work based learning, from taught and major project sources, which has the potential to achieve major organisational change and/or excellence in professional practice resulting in original work worthy of publication in complete or abridged form. The award is equivalent to PhD by thesis. The candidate must have shown evidence of ability to undertake self-managed and/or collaborative research and project development in the field of psychological therapy will have and orally defended the product of the study to the satisfaction of the assessors.

The candidate must have demonstrated:

1. The general ability to conceptualise, design and implement a work based project which has generated new knowledge, applications or understanding which is at the forefront of the professional area of psychotherapy, and has adjusted the project design in the light of unforeseen problems or opportunities.
2. The potential usefulness of the project/s to specific audience(s).
3. The creation and interpretation of new knowledge, through original research or other advanced scholarship, of a quality to satisfy peer review, to extend the forefront of the professional area of psychotherapy, and merit publication.
4. Advanced research and development capability and advanced project management skills which have been applied to their professional area of their study.
5. Advanced conceptual understanding, often of an interdisciplinary nature, that enables the candidate to:
 - Evaluate critically current advanced professional knowledge in their area of study;
 - Evaluate methodologies, epistemologies, and develop advanced critiques of them and, where appropriate, propose new approaches.

The public works submitted must be based on a single or predominant theme. Additionally, there must be coherence and continuity among the works.

Provided that there is a permanent *record* of the work, and the work embodies a research and development process, and it is public, it will be acceptable for the degree. 'Public' is taken in its broadest sense as being in the public domain. Thus, any work to which the public has access, either directly or on application under the Freedom of Information Act, is understood to be in the public domain. Examples include the preparation of computer programs, scholarly works, edited texts, specialist reports prepared for government departments and other public bodies, translations, collections of artefacts, videos, photographic records, musical scores, and diagrammatic representations. This list is illustrative, and not intended to be exhaustive. The work must be available in a suitable form for scrutiny by advisers/consultants and examiners.

The submission must be at the "leading edge" of professional practice in the field of psychotherapy. 'Leading edge' is understood broadly and includes offering something not offered previously, seeing something in a new way, applying a known technique, method or model in a new way or in a new context, putting forward new arguments, or a new interpretation of an idea. Again this list is illustrative, and not intended to be exhaustive.

The Context Statement

The Context Statement should relate to the appropriate doctoral descriptors and the appropriate award standards for DPsych. Within the three areas of the doctoral descriptors; knowledge and understanding, cognitive skills, and practical skills there are essential components. These are research and development capability, Knowledge and Practice expertise with products that lead to leading edge practice that is capable of valuable impact. Candidates will need to reflect on their careers to date. Reflections should be focused on those aspects of professional work and identity that are most relevant to the claim. Candidates will need to show evidence of their thinking about external events, such as:

- key events, major achievements and leadership
- changes they have made in their organisation and/or professional field

Candidates are also likely to need to take account of more personal factors, such as:

- motivation
- what the major challenges have been in their work
- what are the major influences upon the thinking of the candidate
- main achievements over the course of their career
- what skills and knowledge they have developed
- how they have arrived at their current level of authority, influence, ability to be a change agent

Evidence in the form of public works should be placed in appendices and reference to the public works should be made throughout the context statement.

The Context Statement should be written in an evaluative rather than descriptive style. Candidates should link past learning with any more current understanding that has become important in the particular field. For example, if a Candidate has a publication/work that is over five years old but nevertheless important in its contribution to the field, a rationale should be given for the contribution that the original publication/work has made. The focus is on the application of specialist knowledge within their professional context (not just on areas of specialist knowledge per se). Statements should not just be about what capabilities have been developed, but should illustrate, with examples of how capabilities have been used.

These elements are not the only ones that advisers/assessors may require as part of a Context Statement. The idea is to use the Context Statement in a flexible way so that the qualities and elements present in a professional research degree by project are also present in a professional research degree by public works. In this way, the submission, *taken as a whole*, (public works and Context Statement) is equivalent to a professional research degree by project. It is, on the submission, taken as a whole, on which the candidate will be examined.

As the elements of the Context Statement will vary on a case-by-case basis, the word length of the Context Statement cannot be rigidly prescribed. The University's Research and Research Degrees Committee would normally expect 15,000 to 20,000 words for DPsych, but these word lengths may be shortened or extended dependent on the circumstances of the case.

Public Works in non-written form

Metanoia Institute shall also consider public works in non-written form. These may include creative works that have been published by presentation or display, scholarly editions, software and research reports, or translations that embody research. The work must be available in a suitable form for perusal by advisers/consultants and examiners.

Work in non-written form shall be the core work, constituting the point of reference and principal mode of enquiry, but supplemented by a shorter submission of written work as well as the Context Statement or where no previous written work at an appropriate level exists an expanded Context Statement (25,000 – 30,000 words). The public written work or expanded context statement shall constitute a reasoned commentary on the other forms.

The combined works and the context statement shall constitute the equivalent of a complete DPpsych.

The acceptance of forms of work other than a conventional set of published works does not imply any relaxation in the academic standards for the award.

Breakdown of Fees for Academic Year 2021/22

DOMESTIC FEES (UK & EU)

Assessment Interview:	£	265.00
Justification fee (includes membership fee):	£	1,600.00
2 Semesters	£	9,000.00
2 Semesters Total:	£	10,600.00
3 rd Semester if required		
1 Semester**	£	4,500.00
3 Semesters Total	£	15,100.00

** Inclusive of Middlesex annual fee